

# WEEK 1

## Autumn 2023



**MONDAY**

Pasta Bolognese with  
Garlic Bread

Tomato & Basil Pasta **V**  
with Garlic Bread **V**

Cheese sandwich **V**  
or tuna and  
cucumber wrap

**TUESDAY**

Sausage, mashed  
potato and onion gravy

Garden vegetable  
sausages with mashed  
potatoes, onion gravy  
**V**

Ham and salad  
sandwich or cheese  
and cucumber wrap **V**

**WEDNESDAY**

Roast pork with roast  
potatoes and seasonal  
vegetables

Roast vegetable  
parcel, roast potatoes  
and seasonal  
vegetables **V**

Egg mayonnaise  
sandwich **V** or ham  
salad wrap

**THURSDAY**

Chicken curry with  
rice and naan bread

Sweet potato and lentil  
curry with rice and  
naann bread **V**

Tuna mayonnaise  
sandwich or cheese  
and chutney wrap **V**

**FRIDAY**

Breaded fish fingers  
with chip and peas or  
baked beans

Breaded vegetable  
nuggets, chips and  
peas or baked beans **V**

Turkey sandwich  
or Humous and salad  
wrap **V**

Available daily with a choice of cheese, baked beans or tuna mayonnaise

Arctic  
Roll

Eves pudding  
and custard

Ice cream

Chocolate and  
beetroot brownie

Jelly and fruit

Salad Selection, Bread, Fresh Fruit and Yoghurts available daily

**MAIN  
MEAL**

**VEGETARIAN  
OPTION**

**SANDWICHES  
& WRAPS**

**JACKET  
POTATOES**

**DESSERT**



**V = Vegan V = Vegetarian**

