

# 'The Future we Create Everyday'

## Fairy and Elberry Cove Newsletter

### Friday 2<sup>nd</sup> February 2024



#### HOME LEARNING

For home learning this week we would like you to get active and try some of the BBC family moodbooster activities, which can be found on the link below or by searching BBC family moodboosters.

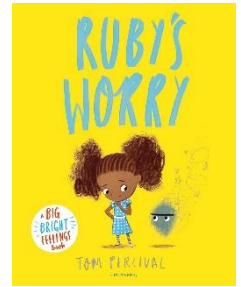
<https://www.bbc.co.uk/teach/moodboosters/family-moodboosters/z6cxnk7>

We would love to see some pictures of you all boosting your mood with your families and friends during the half term.

What do you do that makes you happy?

Dear Parents & Carers

Our story this week has been 'Ruby's Worry' By Tom Percival. Ruby loves being Ruby. Until, one day, she finds a worry – and it won't stop growing. This is a very beautiful, sensitive look at anxiety and how a problem shared is a problem halved. When Ruby makes a friend – who has a worry too – and talks about what's bothering her, she discovers that sharing a problem will make you feel much happier.



This week has been children's mental health week and we have been thinking about things that can help us to be calm and happy. We took part in some yoga and meditation activities and we got active with Zumba and dance. The children thought about the positive changes we felt during these fun activities together.

This week we have been learning about the people who help us to stay safe. We explored the role of firefighters and how they use their skill and bravery to help people in need. We were amazed to watch a video of real fire officers putting out fires with water and foam.

Have a lovely weekend.

Mrs Edwards and Miss Grant

### Our Vision & Values

*Our 4 values of Love, Hope, Wisdom and Community underpin our Christian vision; 'The Future we Create Every day'.*

For the holiday ahead:

Marks life's journeys. Psalm 21

### Star of the Week



Little Bear has been called to help a friend over half term. He is looking forward to telling us all about it when we come back!



Target attendance 98%

This week's attendance is 95.6%

Thank you for your continued support in reaching our target