

WEEK 3

Summer
2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN
MEAL

Spaghetti
Bolognese with
Garlic Bread

West Country
Sausages with
Mashed Potato

Roast Pork with
roast potatoes

Lasagne with
Crusty Bread

Fish Fingers and
Chips

VEGETARIAN
OPTION

Tomato, Lentil and
Basil Pasta **V** with
garlic bread

Garden Vegetable
Sausage with
Mashed Potato **V**

Yorkshire Pudding
Stuffed with Chickpeas
and Roast Vegetables **V**

Roast Vegetable
and Lentil Pasta
with Crusty Bread **V**

Quorn Hotdog
and Chips **V**

SANDWICHES
& WRAPS

Chicken Mayonnaise
Sandwich or Cheese
Salad Wrap **V**

Tuna Mayonnaise
Sandwich or Humous
Salad Wrap **V**

Egg Mayonnaise
Sandwich **V** or
Turkey Salad Wrap

Cheese Sandwich
V or Ham salad
Wrap

Turkey Salad
Sandwich or Cheese
Ploughmans Wrap **V**

JACKET
POTATOES

Available daily with a choice of Tuna Mayonnaise, Baked Beans or Cheese

DESSERT

Flapjack **V**

Carrot Cake **V**

Ice Cream **V**

Fruit Salad **V**

Rocket Lolly **V**

Available daily Seasonal Vegetables, Salad Selection, Bread, Fresh Fruit and Yoghurts

V = Vegan **V** = Vegetarian

