

| ST MICHAEL'S C OF E ACADEMY SPRING TERM MENU 2025 |  |  |   |   |   |
|---|--|--|---|---|---|
| 6th January & 27th January                        |  |  |   |   |   |
| WEEK 1  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY                                  | FRIDAY  |
| MAIN 1  | Macaroni Cheese                                  | Chicken Chunks   | Roast Beef & Yorkshire Pudding                            | BBQ Chicken Pizza                         | Breaded Fish Fingers                                      |
|   |  |  |   |   | Served with Chips, Beans and Peas                         |
|   | Served with Focaccia Bread, Peas and Carrots     | Served Vegetable Rice and Beans                          | Served with Roast Potatoes, Seasonal Vegetables and Gravy | Served with Wedges and Salad Sticks       |   |
| MAIN 2  | Vegetable Fajita                                 | Tomato and Vegetable Pasta Bake                          | Vegetable Wellington                                      | Margherita Pizza                          | Vegetable Nuggets   |
|   | Served with Potato Wedges and Salad Sticks       | Served with Focaccia and Sweetcorn                       | Served with Roast Potatoes, Seasonal Vegetables and Gravy | Served with Wedges and Salad Sticks       | Served with Chips and Beans                               |
|   | Ham sandwich                                     | Cheese Wrap  | Egg Mayo Sandwich   | Ham Wrap                                  | Chicken Mayo Sandwich                                     |
| J.POTATO  | Cheese, Beans or Tuna                            | Cheese, Beans or Tuna                                    | Cheese, Beans or Tuna                                     | Cheese, Beans or Tuna                     | Cheese, Beans or Tuna                                     |
| DESSERT   | Ice Cream Pot                                    | Chocolate Krispie Cake                                   | Banana Marble Cake  | Jelly and Fruit                           | Lemon Shortbread  |
| 13th January & 3rd February                       |  |  |   |   |   |
| WEEK 2  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY                                  | FRIDAY  |
| MAIN 1  | Sausage Roll                                     | Beef Bolognese and Garlic Bread                          | Roast Gammon  | Chicken Curry                             | Breaded Fish  |
|   |  |  |   |   | Salmon Goujons  |
|   | Served with Diced Potatoes Salad Sticks and Slaw | Served with Spaghetti and Broccoli                       | Served with Roast Potatoes, Seasonal Vegetables and Gravy | Served with Vegetable Rice and Naan Bread | Served with Chips, Peas and Beans                         |
| MAIN 2  | 5 Bean Chilli                                    | Vegan Bolognese and Garlic Bread                         | Vegetable Bean Pie Topped with Mash                       | Sweet Potato and Lentil, Curry            | Vegetable Nuggets   |
|   | Served with Rice and Nacho's                     | Served with Spaghetti and Sweetcorn                      | Served with Roast Potatoes, Seasonal Vegetables and Gravy | Served with Vegetable Rice and Naan Bread | Served with Chips, Peas and Beans                         |
|   | Tuna Mayo Sandwich                               | Ham Wrap   | Hummus Wrap   | Cheese Sandwich                           | Egg Mayo Sandwich   |
| J.POTATO  | Cheese, Beans or Tuna                            | Cheese, Beans or Tuna                                    | Cheese, Beans or Tuna                                     | Cheese, Beans or Tuna                     | Cheese, Beans or Tuna                                     |
| DESSERT   | Fruit Platter                                    | Chocolate Brownie  | Oaty cookie   | Apple Crumble and Custard                 | Jam and Coconut Sponge                                    |
| 20th January & 10th February                      |  |  |   |   |   |
| WEEK 3  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY                                  | FRIDAY  |
| MAIN 1  | Creamy Chicken Pasta                             | Devon Pork Sausage                                       | Roast Chicken   | Beef Meatballs                            | Fish Fingers  |
|   |  |  | Served with Mashed Potato, Broccoli, Sweetcorn and Gravy  |   | Served with Roast Potatoes, Seasonal Vegetables and Gravy |
|   | Served Salad Sticks and Garlic Bread             |  |   |   |   |
| MAIN 2  | Roasted Vegetable Pasta Bake                     | Quorn Sausage  | Broccoli and cauliflower Bake                             | Vegetable Stir Fry                        | Roasted Red Pepper Fritata                                |
|   | Served with Salad Sticks and Garlic Bread        | Served with Mashed Potato, Broccoli, Sweetcorn and Gravy | Served with Roast Potatoes, Seasonal Vegetables and Gravy | Served with Pasta and Sweetcorn           | Served with Chips and Beans                               |
|   | Tuna mayo Sandwich                               | Ham Sandwich   | Cheese Wrap   | Chicken sandwich                          | Egg Mayo Sandwich   |
| J.POTATO  | Cheese, Beans or Tuna                            | Cheese, Beans or Tuna                                    | Cheese, Beans or Tuna                                     | Cheese, Beans or Tuna                     | Cheese, Beans or Tuna                                     |
| DESSERT   | Fresh Fruit Salad                                | Carrot Cake  | Custard Biscuit   | Apple and Raspberry Cake                  | Flapjack  |