

FRESH FRUIT
& YOGHURT
SERVED DAILY

SPRING MENU

Week one

Week Commencing: 6/1, 27/1, 17/2, 10/3, 31/2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> MAIN	Macaroni Cheese with Focaccia Bread, Peas and Carrots	Chicken Chunks with Vegetable Rice and Beans	Roast Beef and Yorkshire Pudding with Roast Potatoes, Seasonal Vegetables and Gravy	BBQ Chicken Pizza with Wedges and Salad Sticks	Breaded Fish Fingers with Chips, Beans and Peas
<i>Pick a</i> MEAT-FREE MAIN	Vegetable Fajita with Potato Wedges and Salad Sticks	Tomato and Vegetable Pasta Bake with Focaccia and Sweetcorn	Vegetable Wellington with Roast Potatoes, Seasonal Vegetables and Gravy	Margherita Pizza with Wedges and Salad Sticks	Vegetable Nuggets with Chips and Beans
<i>Pick a</i> JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
<i>Pick a</i> WRAP OR SANDWICH	Ham Sandwich	Cheese Wrap	Egg Mayo Sandwich	Ham Wrap	Chicken Mayo Sandwich
<i>Pick a</i> DESSERT	Ice Cream Pot	Chocolate Krispie Cake	Banana Marble Cake	Jelly and Fruit	Lemon Shortbread

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SPRING MENU

Week two

Week Commencing: 13/1, 3/2, 24/2, 17/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> MAIN	Sausage Roll with Diced Potatoes, Salad Sticks and Slaw	Beef Bolognese and Garlic Bread with Spaghetti and Broccoli	Roast Gammon with Roast Potatoes, Seasonal Vegetables and Gravy	Chicken Curry with Vegetable Rice and Naan Bread	Breaded Fish or Salmon Goujons with Chips, Peas and Beans
<i>Pick a</i> MEAT-FREE MAIN	5 Bean Chilli with Rice and Nacho's	Vegan Bolognese and Garlic Bread with Spaghetti and Sweetcorn	Vegetable Bean Pie topped with Mash with Roast Potatoes, Seasonal Vegetables and Gravy	Sweet Potato and Lentil Curry with Vegetable Rice and Naan Bread	Vegetable Nuggets with Chips, Peas and Beans
<i>Pick a</i> JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
<i>Pick a</i> WRAP OR SANDWICH	Tuna Mayo Sandwich	Ham Wrap	Hummus Wrap	Cheese Sandwich	Egg Mayo Sandwich
<i>Pick a</i> DESSERT	Fruit Platter	Chocolate Brownie	Oaty Cookie	Apple Crumble and Custard	Jam and Coconut Sponge

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SPRING MENU

Week three

Week Commencing: 20/1, 10/2, 3/3, 24/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Creamy Chicken Pasta with Salad Sticks and Garlic Bread	Devon Pork Sausage with Mashed Potato, Broccoli, Sweetcorn and Gravy	Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy	Beef Meatballs with Penne Pasta Carrots and Peas	Fish Fingers with Chips, Peas and Beans
Pick a MEAT-FREE MAIN	Roasted Vegetable Pasta Bake with Salad Sticks and Garlic Bread	Quorn Sausage with Mash Potato, Broccoli, Sweetcorn and Gravy	Broccoli and Cauliflower Bake with Roast Potatoes, Seasonal Vegetables and Gravy	Vegetable Stir Fry with Pasta and Sweetcorn	Roasted Red Pepper Fritata with Chips and Beans
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a WRAP OR SANDWICH	Tuna Mayo Sandwich	Ham Sandwich	Cheese Wrap	Chicken Sandwich	Egg Mayo Sandwich
Pick a DESSERT	Fresh Fruit Salad	Carrot Cake	Custard Biscuit	Apple and Raspberry Cake	Flapjack